

PAID STUDY FOR INDIVIDUALS WITH BORDERLINE PERSONALITY DISORDER

Do you have borderline personality disorder? Have you experienced stigma?

Researchers at the University of Toronto have developed an anti-stigma intervention for borderline personality disorder called BPD-BOOST

Study Details

- Participate in a group treatment focused on reducing self-stigma and addressing public stigma.
- Group is 8 weeks (1.5 hours/week) held virtually via Zoom
- · Complete a series of assessments over three timepoints

Eligibility

- 18+ years old
- A person with BPD
- Access to reliable internet connection, computer, and webcam
- Currently engaged in treatment
- Currently resides in Ontario

BPD BOOST:

Borderline personality disorder: Overcoming the **Obstacles of Stigmatizing Thoughts**

Want to find out more?

Please contact the STEPP Lab Research Team by email:

uliaszeklab.utsc@utoronto.ca



Your email will be returned as soon as possible!

You will be compensated up to \$75 for your participation

