

making waves for mental health and suicide prevention

## **Sunday May 27, 2018**

Bring your friends and family!

6th Annual 5km Sashbear Walk

For Youth & Families
Struggling with mental illness

## BE PART OF THE CHANGE

**Help Sashbear** 

Provide life-coping and life-saving skills

Support early intervention and suicide prevention

Enjoy Live Entertainment and Family Fun

Meet Canadian Olympians

