

## FC Groups for Ontario

**NOTE: must be able to attend ALL classes; missed first class - automatic reschedule to waitlist for future group; missed 2 classes will be asked to attend future group**

- No class on Thanksgiving Mon Oct 9
- No class Halloween Tues Oct 31
- Thurs Sep 21 Rosh Hashana

City	Address	Main Intersection	Schedule	Time	Details
Brampton, ON	CMHA 7700 Hurontario St. Suite 314 Brampton ON L6Y 5B4	Hurontario St. and Malta Ave.	Thursdays Sep 28 to Dec 14/17	6:30 pm – 8:30 pm	<b>Status:</b> Open for registration  Caregivers, siblings, partners, friends
Chatham, ON	CMHA (Chatham-Kent) 240 Grand Ave W Chatham, ON	Grand Ave W and Lacroix St	TBD	TBD	<b>Status:</b> Open for registration  Caregivers, siblings, partners, friends
Hamilton, ON	St. Joseph's Hospital 100 West 5th Street Hamilton ON L8N 3K7	Fennell Ave. W & West 5th Street	Wednesdays Sep 20 - Dec 14/17	6:30pm - 8:30pm	<b>Status:</b> Closed  Must be within Hamilton Niagara Haldimand, Brant LHIN region (includes Burlington - not Oakville or Mississauga)  Caregivers, siblings, partners, friends
Mississauga, ON	50 Burnhamthorpe Rd W #300 Mississauga, ON L5B 3C2	Burnhamthorpe St W & Hurontario St	Tuesdays Sep 12 to Dec 5/17	6:30 pm – 8:30 pm	<b>Status:</b> Waitlist only  Caregivers, siblings, partners, friends
Ottawa, ON	Will be confirmed once registraton is complete		Saturdays Sep 16-Dec 9/17	Saturdays 9:30 to noon OR	<b>Status:</b> Open for registration  Caregivers, siblings, partners, friends
Scarborough, ON	St. Paul's United Church 200 McIntosh Street Scarborough, ON M1N 3Z3 (Enter via door attached to parking lot, upstairs classroom)	Kingston Rd & Midland Ave	Mondays Sep 11 to Dec 4/17	6:00pm - 8:00pm	<b>Status:</b> Open for registration  Part of YouthCan Project (East Metro Youth Services)  Parents with youth 14 - 18
Sudbury, ON	CMHA Sudbury Manitoulin 111 Elm Street, Suite 100 Sudbury, ON P3C 1T3	Elm St & Pine St	Saturday and Sunday: Oct 21 & 22, Nov 18 & 19/17	8:30am - 5:00pm (each day)	<b>Status:</b> Open for registration  <b>Cost Recovery per participant for materials and food only:</b> \$75 cash (coffee/tea/water, morning treats, lunch and snacks) payable at the door on week 1.
Thornhill, ON	FC North Thornhill Baptist Church, 8018 Yonge St. Thornhill, ON L4J 1W3	North of Steeles and South of HWY 407	Thursdays (bi weekly) Sep 28/17 - Mar 8/18	7:00pm - 9:00pm	<b>Status:</b> Closed  Caregivers, siblings, partners, friends

Thorold, ON	Mental Health Program Public Health Offices 3550 Schmon Parkway 2nd Floor, Unit 2 Thorold, ON L2V 4Y6	Schmon Pkway and St. David's Rd	Tuesdays Sep 12 to Nov 29/17	6:30pm - 8:30pm	<b>Status:</b> Open for registration  For parents, spouses, siblings (+17) of someone with BPD
Toronto, ON	Davenport Perth Neighbourhood Centre 1900 Davenport Rd, Toronto, ON M6N 1B7	Davenport & Symington Ave	Thursdays Sep 28 to Dec 14/17	6:15pm - 8:15pm	<b>Status:</b> Open for registration  3 groups: • Parents with kids under 21 • Parents with kids over 21 • Siblings/friends/partners (siblings must be over 18)
Toronto, ON	Eastminster United Church 310 Danforth Av, Toronto, ON M4K 1N6 Jackman Room	Danforth (at Chester Station)	Mondays Sep 11 to Dec 4/17	6:15pm - 8:15pm	<b>Status:</b> Open for registration  Part of YouthCan Project (East Metro Youth Services)  Parents with youth 14 - 18
Toronto, ON	Skylark (previously Delisle) 40 Orchard View Blvd #102, Toronto, ON M4R 1B9	Yonge & Eglinton Enter via Orchard View Blvd; follow ramp to basement "YouthCan Impact Walkin"	Thursdays Sep 28 to Dec 14/17	6:00pm - 8:00pm	<b>Status:</b> Open for registration Part of YouthCan Project  Parents with youth 14 - 18
Toronto, ON Youth to Youth	TBD	TBD	TBD	6:00pm - 8:00pm	<b>Status:</b> Open for registration Family Connections - Youth to Youth Youth 18 - 30 who have a loved one struggling with emotion dysregulation (sibling, partner, friend, parent, grandparent)
Toronto, ON <b>NEW:</b> Survivors of Loss	TBD	TBD	Winter 2018	TBD	<b>Status:</b> Open for registration  For people struggling with the loss of a loved one. This is a 10 week program.