

FC Groups for Ontario

NOTE: must be able to attend ALL classes; missed first class - automatic reschedule to waitlist for future group; 2 missed classes in weekly session- will be asked to attend future group; any missed time for weekend intensive, will be asked to sign up for another class

City	Address	Main Intersection	Schedule	Time	Details
Brampton, ON	CMHA Community Door 7700 Hurontario St. Boardroom (first room on the right) Brampton ON L6Y 5B4	Hurontario St. and Malta Ave.	Thursdays Winter 2019 Dates TBD MUST BE ABLE TO ATTEND ALL 12 DATES	6:30 pm – 8:30 pm	Status: open for registration Caregivers, siblings, partners, friends Sponsored by: The Sashbear
Guelph, ON	TBD	TBD	2 weekends (Saturday and Sunday) Winter 2019 Dates TBD MUST BE ABLE TO ATTEND ALL 4 DATES!	8:30 am - 5:00 pm	Status: Open for registration Caregivers, siblings, partners, friends Sponsored by: The Sashbear Foundation
Hamilton, ON	St. Joseph's Hospital 100 West 5th Street Hamilton ON L8N 3K7	Fennell Ave. W & West 5th Street	Tuesdays DATE TBD 6:30-8:30 pm	6:30pm - 8:30pm	Status: Open for registration Caregivers, siblings, partners, friends **Must be within Hamilton Niagara Haldimand, Brant LHIN region (includes Burlington - not Oakville or Mississauga) Sponsored by St. Joseph's Hospital Hamilton
Hamilton, ON	St. Joseph's Hospital 100 West 5th Street Hamilton ON L8N 3K7	Fennell Ave. W & West 5th Street	Wednesdays Dates TBD 6:30-8:30 pm	6:30pm - 8:30pm	Status: Open for registration Waitlist for Winter Caregivers, siblings, partners, friends **Must be within Hamilton Niagara Haldimand, Brant LHIN region (includes Burlington - not Oakville or Mississauga) Sponsored by St. Joseph's
Kitchener, ON	GRH-Grand River Hospital 835 King St. W. Kitchener, ON N2G 1G3	King St. W. & Mt. Hope St.	2 weekends (Saturday and Sunday) Oct 27 & 28, Dec 1, 2, 2018 MUST BE ABLE TO ATTEND ALL 4 DATES!	8:30 am - 5:00 pm	Status: Open for registration Caregivers, siblings, partners, friends Sponsored by: The Sashbear Foundation
Mississauga, ON	FAME, 50 Burnhamthorpe Rd W, suite #300, Mississauga, L5B 2C2	Burnhamthorpe St W & Hurontario St	Tuesdays Date TBD MUST BE ABLE TO ATTEND ALL 12 DATES.	6:30 pm – 8:30 pm	Status: Open for registration Caregivers, siblings, partners, friends Sponsored by: The Sashbear Foundation and FAME
North Bay, ON	P.E.P building (People for Equal Partnership in Mental Health) 351 Ferguson St, 2nd floor North Bay, Ont	Ferguson St. & Main St. W.	2 weekends (Saturday and Sunday) Date TBD MUST BE ABLE TO ATTEND ALL 4 DATES!	8:30am - 5:00pm (each day)	Status: Open for registration Caregivers, siblings, partners, friends Sponsored by The Sashbear Foundation and Nipissing Family Peer Support Services
Ottawa, ON	Royal Ottawa Hospital		Saturdays 9:30 am -12:00 pm 1:00 pm-3:30 pm	Saturdays 9:30 to noon	Status: Open for registration Caregivers, siblings, partners, friends
Sarnia, ON	Lambton Mental Wellness Centre 109 Durand St. Sarnia, ON	Durand St. and Christina St. N.	2 weekends (Saturday and Sunday) Nov 3 & 4, Dec 1, 2, 2018 MUST BE ABLE TO ATTEND ALL 4 DATES!	8:30 am - 5:00 pm	Status: Open for registration Caregivers, siblings, partners, friends Sponsored by: Access Open Minds, CMHA, Lambton MWC

City	Address	Main Intersection	Schedule	Time	Details
Scarborough, ON	St. Paul's United Church 200 McIntosh Street Scarborough, ON M1N 3Z3 (Enter via door attached to parking lot, upstairs classroom)	Kingston Rd & Midland Ave	Mondays Date TBD MUST BE ABLE TO ATTEND ALL 12 DATES.	6:00pm - 8:00pm	Status: open for registration Part of YouthCan Project (East Metro Youth Services) Parents with youth 14 - 18 Sponsored: The Sashbear Foundation and YouthCAN
Thornhill, ON	FC North Thornhill Baptist Church, 8018 Yonge St. Thornhill, ON L4J 1W3	North of Steeles and South of HWY 407	Every second Thursday Sep 27, 2018-Mar 7, 2019	7:00pm - 9:00pm	Status: Fall - full waitlist only Caregivers, siblings, partners, friends
Thornhill, ON	Promenade Mall 1 Promenade Circle Thornhill, ON M4J 4W4	Centre and Bathurst	Tuesdays Sep 25 - Dec 11, 2018 MUST BE ABLE TO ATTEND ALL 12 DATES.	6:30 pm - 8:30 pm	Status: Open for Registration Caregivers, siblings, partners, friends Sponsored by The Sashbear Foundation
Thorold, ON	Mental Health Program Public Health Offices 3550 Schmon Parkway 2nd Floor, Unit 2 Thorold, ON L2V 4Y6	Schmon Pkway and St. David's Rd	Tuesdays TBD	6:30pm - 8:30pm	Status: TBD For parents, spouses, siblings (+17) of someone with BPD
Toronto, ON	Davenport Perth Neighbourhood Centre 1900 Davenport Rd, Toronto, ON M6N 1B7	Davenport & Symington Ave	Thursdays Sept 20-Dec 6, 2018 MUST BE ABLE TO ATTEND ALL 12 DATES.	6:15pm - 8:15pm	Status: Open for registration Parents, partners, friends, siblings 18+ Sponsored: The Sashbear Foundation and DPNCHC
Toronto, ON	Eastminster United Church 310 Danforth Av, Toronto, ON M4K 1N6 Jackman Room	Danforth and Jackman (at Chester Station)	Mondays Winter 2019 Dates TBD MUST BE ABLE TO ATTEND ALL 12 DATES.	6:15pm - 8:15pm	Status: Open for registration Part of YouthCan Project (East Metro Youth Services) Parents with youth 14 - 18 Sponsored By: The Sashbear Foundation and YouthCAN
Toronto, ON	North York General Branson Site 555 Finch Ave. West, 5th Floor Toronto, ON M2R 2C2	Finch Ave. and Bathurst St.	Tuesdays Sep 25 - Dec 11, 2018 MUST BE ABLE TO ATTEND ALL 12 DATES.	6:30 pm - 8:30 pm	Status: FULL-Wait List only Caregivers, siblings, partners, friends Sponsored by North York General (Branson)
SCCMH18-1W	SickKids Centre for Community Mental Health 440 Jarvis St Toronto, ON M4Y 2H4	Jarvis St and Maitland St	Mondays Sep 24 - Dec 10, 2018 MUST BE ABLE TO ATTEND ALL SCHEDULED DATES	6:20 pm - 8:30 pm	Status: Open for Registration Parents with children 18 and under Sponsored by: SCCMH
Toronto, ON	Skylark 40 Orchard View Blvd #102, Toronto, ON M4R 1B9	Yonge & Eglinton Enter via Orchard View Blvd; follow ramp to basement "YouthCan Impact Walkin"	Thursdays Sep 20 - Dec 6, 2018 MUST BE ABLE TO ATTEND ALL 12 DATES.	6:00pm - 8:00pm	Status: FULL-Wait list only Part of YouthCan Project Parents with youth 14 - 18 Sponsored: The Sashbear Foundation and YouthCAN
Whitby, ON	Ontario Shores Centre for Mental Health Sciences 700 Gordon Street Whitby, Ontario L1N 5S9		Thursdays Sep 20 - Dec 6, 2018 MUST BE ABLE TO ATTEND ALL 12 DATES.	7:00 pm - 9:00 pm	Status: FULL-Wait List only Caregivers, siblings, partners, friends Sponsored by: Ontario Shores Centre for Mental Health Sciences